

HIGH FRAMLAND NEWS

COVERING THE PARISHES OF

St Guthlac's, Branston
St Botolph & John the Baptist, Croxton Kerrial
St Michael & All Angels, Harston
All Saints, Knipton
St Peter's, Saltby
St Bartholomew, Sproxton



February
2016

THE SEASON OF LENT

The festivities of Christmas are now a fading memory and the Christian year turns once again to the season of Lent, which begins on Ash Wednesday (10th February this year).

From the earliest days of the Christian Church the 40 days of Lent have been recognised as a time of fasting and abstinence, commemorating the 40 days of self-denial that Jesus spent in the wilderness, prior to beginning His ministry.

The word Lent derives from the Saxon word *lenct*, which merely means Spring (and has the same derivation as 'lengthen' - ie. the lengthening of days).

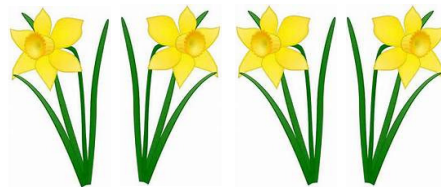
Now Spring is associated with daffodils, catkins in the hedgerows and lambs in the fields; but Spring had very different connotations in Saxon and mediaeval times.

It was associated with hardship and frugality as the winter stores of food ran

low and the possibility of starvation was ever present, and so it was an appropriate time for fasting and self-denial.

A batter of eggs, milk and butter was a suitable way of using up the last of the winter store of these foods before Lent. That tradition continues to this day with Shrove Tuesday, the day before Ash Wednesday, being referred to as 'pancake day'.

Christians recognise Lent not just as a time for self-denial and fasting, but also for the positive actions of meditation and of 'spring cleaning' their lives. The modern trend of fasting for health has led to research suggesting that fasting can have a positive effect on mental capacity, a fact recognised perhaps by our ancient Christian ancestors.



Copies of this newsletter can be found at

www.highframland.org.uk and www.saltbyvillage.co.uk.

Would you pass any items for March by **SUNDAY, 14th FEBRUARY, please,**

to either Nick Cooke, email na.cooke1@gmail.com

or Sue Watford, tel 01949 861256, email SueWatford@aol.com,

IN THE PARISHES

BRANSTON

Churchwarden: Susan Wells, 01476 870240

Administrative help: Paulina Purse, 01476 860522, p.purse@btinternet.com

Readers: 7th February OT Mary Bircham NT Susan Wells

Flowers and brasses: 7th February A few flowers or a plant - Mary Bircham - then no flowers during Lent.

Cleaning: General cleaning following the boxing in of pipes - all who can, please!

CROXTON KERRIAL

Churchwardens: Nalda Shipman, 01476 870258 Anne Markham, 01476 870053

Administrative help: Paulina Purse, 01476 860522, p.purse@btinternet.com

Readers: 28th February OT Kim Ranns NT Suzanne Pennells

Altar flowers: 7th February Mrs M Shipman

21st February Mrs L Wilson

FUNDRAISING FOR THE CHURCH ROOF THROUGHOUT NOVEMBER/DECEMBER

Huge thanks to everyone who supported the events.

The Festive Coffee Morning - in dreadful weather!	£164.77
Sport & Social Club - event evenings throughout November	£234.16
Safar Supper	£273.50
School concert	£212.36

Special thanks to two young girls, Bethany and Keira, who emptied their piggy banks and gave to the collection. The PCC would like to thank everyone for their continued and generous support.

CROXTON OPEN GARDEN EVENT PLANNED ON 26th JUNE

For more details email Kim at rayranns@btinternet.com.

HARSTON

Churchwarden: William Hurrell, 01476 870123

Administrative help: Paulina Purse, 01476 860522, p.purse@btinternet.com

Readers: 21st February Said Morning Prayer

KNIPTON

Administrative help: Paulina Purse, 01476 860522, p.purse@btinternet.com

SALTBY

Churchwardens: Mrs S Hill, 01476 860398

Jenny Tebb, 01476 562019

February cleaning: Mrs P Purse

Flowers: First week: Mrs J Tebb, then no flowers for Lent

Visiting bellringers: Thursday, 4th February at 3.00 pm - Nottinghamshire ringers

Tuesday, 23rd February at 6.00 pm - Nottinghamshire ringers

SPROXTON

Churchwardens: Malise Graham, 01476 860266
Sue Dawson, 01476 860130

Administrative help: Paulina Purse, 01476 860522, p.purse@btinternet.com

Due to work commencing shortly to renew the roof at St. Bartholomew's Church Sproxtion
SPROXTON CHURCH SERVICES WILL TRANSFER TO
SALTBY CHURCH UNTIL FURTHER NOTICE
 Service format remains unchanged - 1st Sunday of every month:
 Even months 9.00 am Morning Prayer : Odd months 10.30 am Holy Communion.
 All welcome.

CHRISTINGLE

A total of £74.40 was made for The Children's Society at the Christingle service.
 A special thank you to everyone for their kind donations.

Village Hall 50/50 club - December winners

1st L Purse : 2nd C Haylock : 3rd Clare Smith

Village Hall breakfast. The next breakfast will be on Sunday, 28th February, from 9.00 am to 10.00 am. £3 per head or £10 per family. All welcome.

Village Hall lunch. Wednesday, 10th February, at 12.45 pm. Main course, dessert, tea/coffee for just £3. All welcome.

Pop in Coffee Morning. Thursday, 18th February, in the Village Hall from 10.30 am to 12.00 noon. There is a charge of £1 for adults and 50p for children, which will be split between the Church and the Village Hall.

BENEFACTICE NOTICES

JOINT SERVICE. Sunday, 14th February, 10.00 am, at SALTBY

ASH WEDNESDAY. There will be a service at HARSTON at 7.00 pm

MESSY CHURCH. The next Messy Church will be held on Sunday, 28th February, from 4.00 to 5.30 pm in Knipton Village Hall.

MIDWEEK SERVICES

- ⇒ Evening Prayer is said at Sproxtion church each Monday evening at 6.30 pm. All welcome.
- ⇒ Holy Communion each Wednesday morning at Croxton Kerrial, 9.30 am - Canon Alan Haydock. PLEASE NOTE THERE WILL BE NO SERVICE ON ASH WEDNESDAY, 10th February; AN ASH WEDNESDAY SERVICE WILL BE HELD AT HARSTON CHURCH AT 7.00 pm.

PASTORAL CARE AND FUNERALS

During the interregnum the first point of contact for pastoral issues and funerals will be:

CANON JUDITH WELLS - 01949 842804 / 07841 108131

If Judith is not available, please contact:

CANON MICHAEL COVINGTON - 01664 454015 / 07730 182996

Wedding and Baptism Enquiries

In the first instance please contact your local churchwarden(s).

Their contact details can be found under the relevant church in the previous section

February 2016	7th February SUNDAY before LENT	14th February LENT 1	21st February LENT 2	28th February LENT 3
Please see notice inside under 'Sproxtion' explaining that all services will be at Saltby until further notice				
READINGS Year C	Exodus 34 (29-end) 2 Corinthians 3(12) to 4(2) Luke 9 (28-36)	Deut 26(1-11) Romans 10 (8b-13) Luke 4 (1-13)	Genesis 15 (1-12,17-18) Philippians 3(17) to 4(1) Luke 13 (31-end)	Isaiah 55 (1-9) 1 Corinthians 10 (1-13) Luke 13 (1-9)
Branston	10.30 am Holy Communion	JOINT SERVICE AT SALTBY 10.00 AM		10.30 am Holy Communion
Croxton Kerrial			9.00 am Said Matins William Hurrell	
Harston				Messy Church Village Hall 4.00 pm
Knipton			10.30 am Holy Communion	
Saltby				
Sproxtion (at Saltby church)	9.00 am Malise Graham/ Sue Dawson			

**All Holy Communion services will be taken by the
 Revd Canon Alan Haydock, unless otherwise stated.**

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