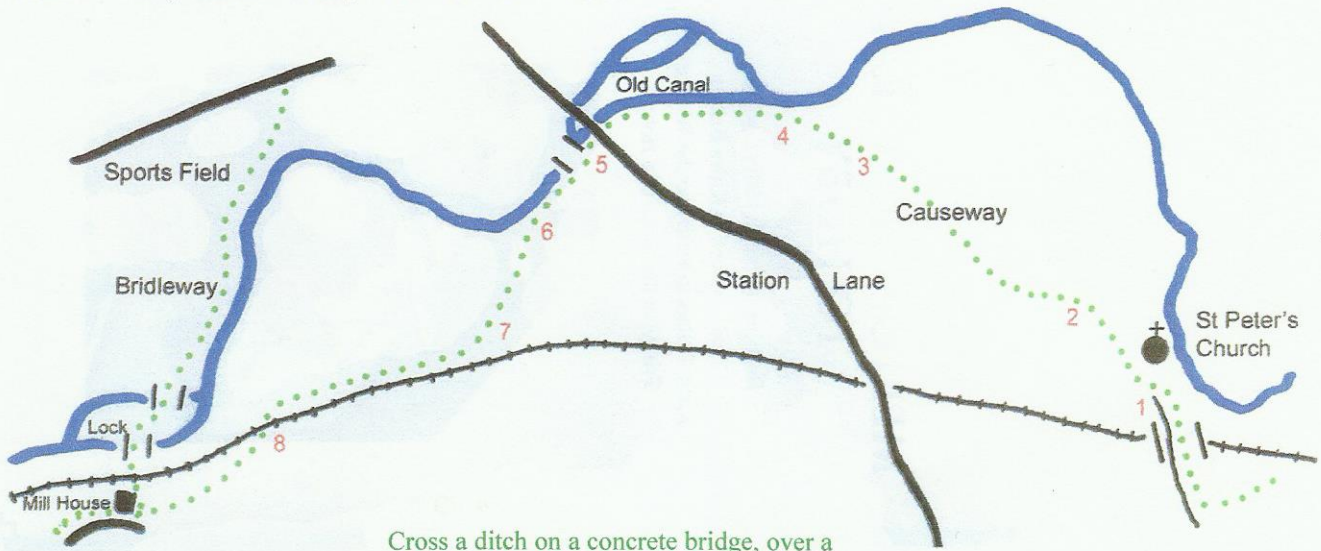


Walk 3 Kirby Bellars to Frisby on the Wreake 1.5 miles



1. At St. Peter's Church bear left on to the track to the nursery. Turn sharp right on entering the nursery and follow the path with the hedge on the right.
2. At the stile, cross the field, bearing left towards the lifebuoy on the water's edge at the beginning of the causeway.
3. On leaving the causeway cross a track, go over a stile and head for the posts by the river.
4. Keep the river and old canal on your right until you reach Station Lane.
5. Cross the road and follow the footpath with the river on your right.
6. Past the lake, go over a stile and bear left away from the river towards Frisby Church spire.

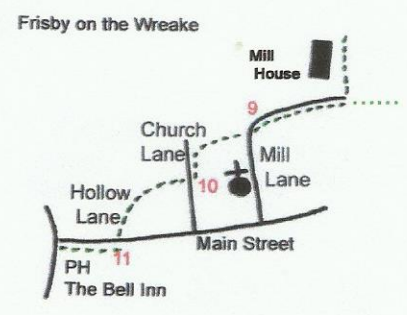
7. Go under overhead power lines, turn right, and follow the path with a hedge on your right, and the railway on your left.
8. Cross the railway at a gated crossing. Follow a track past Mill House into Mill Lane.

10. Opposite the church turn right into Hollow Lane then to Main Street.
11. Turn right to reach the public house (the Bell Inn) with the village cross and the footpath to Hoby opposite.

Frisby Mill was mentioned in the Domesday Book and was once operated by steam power.

A detour past Mill House and across the railway will take you to Frisby Lock, one of the best preserved locks of the old Melton Mowbray Navigation.

9. Where the Mill Lane swings left, carry on between houses to the end of Church Lane.



St Thomas of Canterbury

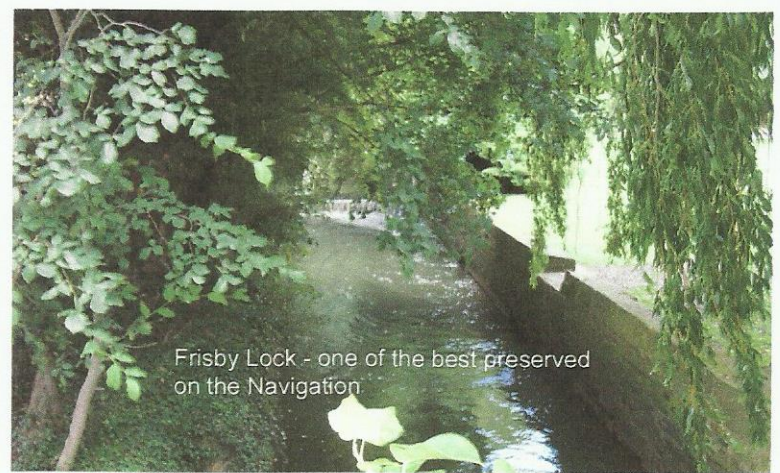


In the 18<sup>th</sup> Century the Rector of St. Thomas of Canterbury Frisby on the Wreake, William Wragg, married couples with little supporting evidence. Frisby for a short time, was in danger of becoming the Gretna Green of North Leicestershire. Frisby was a busy stop on the coaching route between Melton

and Leicester, and had three public houses. Star Cottage opposite the village cross, was one, while The Coach House, a large three storied building further up the High Street, was once the main coaching inn.

Refreshments are available at the remaining one, the Bell Inn. The village cross, in front of 'The Limes' is reputed to be an old preaching cross, dating from the 13<sup>th</sup>C and

may have been used by the Cistercians or the Black Friars of Launde Abbey. Along the Rotherby Road, Zion House is now a farmhouse. It was once an academy for young gentlemen, run by a George Davenport.



Frisby Lock - one of the best preserved on the Navigation